

At a glance...

Services available at the HOpe Centre:

Psychiatric Inpatient Services

Adult Community Mental Health Services

- Acute Home Based Treatment
- Assessment & Treatment Services
- Community Psychiatric Services
- Transition Program
- Residential Housing Program

Kelty Patrick Dennehy Resource Centre

Need information about mental illness or want to connect with others dealing with similar issues? The centre has a library of books and videos for anyone seeking more understanding about signs, symptoms and issues surrounding mental health.

HOpe Blenz Café

Proudly owned and operated by the North and West Vancouver Branch of the Canadian Mental Health Association in partnership with VCH, the cafe provides an inclusive work environment for all people, including those living with a mental health condition working towards wellness.



North Shore Mental Health: Our Vision

Our vision embraces the belief that recovery is possible and honours the lived experience of those with mental health issues. We strive to deliver services, support, and programs that promote recovery-oriented practice. We believe recovery-oriented practice is the foundation of care with the supporting pillars of Family & Client Centered Care, Trauma Informed Practice, and Cultural Competence.

Location:

HOpe Centre
Lions Gate Hospital
1337 St. Andrews Avenue
North Vancouver BC V7L 0B8

Call us

Reception: **604-984-5000**
Reception hours: **8:30am-4:30pm**

For more copies, go online at <http://vch.eduhealth.ca> or email phem@vch.ca and quote Catalogue No. **CD.22.H67**
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www.vch.ca

**The Greta & Robert H.N. Ho
Psychiatry & Education Centre**

HOpe Centre



The HOpe Centre on the Lions Gate Hospital campus is the focal point for mental health services on the North Shore. It includes a 26-bed adult mental health inpatient unit as well as community mental health outpatient services.

**Vancouver
CoastalHealth**
Promoting wellness. Ensuring care.

Adult Community Mental Health Services

Who do we serve?

We provide Mental Health and Substance Use services to residents of the North Shore including North Vancouver, West Vancouver, and Bowen Island who are 19 years of age and older.

We do not offer services for life transition issues or medical, legal and/or court assessments.

How can I get these services?

Please visit a doctor to get a referral to North Shore Adult Community Mental Health Services.

Central Intake

Central Intake provides the first point of entry for adults who are referred to Adult Community Mental Health and Substance Use Services. The purpose of Central Intake is to streamline the referral process for clients, families, and referral sources, improve the service match with clinical programs, and provide timely access to the most appropriate service.

Acute Home Based Treatment

Acute Home Based Treatment offers short-term mental health treatment in home settings. This service is for adults experiencing an increase in symptoms or distress related to mental illness or substance use. It offers treatment in a familiar environment with minimal disruption to day-to-day living, so that hospital care is not the only option.

Assessment & Treatment Services

Assessment & Treatment Services is for adults with a moderate to severe mental health disorder that can be treated in a time limited way and require a multidisciplinary approach to care.

The aim of this program is health stabilization and to help restore an individual's functioning or restore quality of life. Services are provided by using brief individual and/or group treatment models.

Community Psychiatric Services

Community Psychiatric Services provides a specialized service for adults with a serious or persistent mental illness or who may be in the process of developing such a disorder.

This program offers:

- Adult Community Support Services
- Assertive Community Outreach
- Concurrent Disorders Program
- Family Support and Education
- Rehabilitation Program
- Health and Wellness Clinic

Residential Housing Program

The community residential support program provides licensed and supported housing services for clients in the Adult Community Mental Health programs whose needs cannot be met by existing programs and services alone. This program is intended for clients whose ability to do daily tasks is significantly compromised due to their mental illness, thereby requiring residential support services.

Transition Program

The Transition Program is for adults who require intensive short-term functional and psychosocial interventions to support community integration. Clients need to have a plan for long term follow up after they complete the program.

The purpose of this program is to support clients to establish routine, to re-integrate into community and to manage their mental health.

Psychiatric Inpatient Services

The Psychiatric Inpatient Unit serves persons 19 years and older suffering from acute mental illness and requiring immediate psychiatric hospitalization. The unit consists of 26 beds as well as a communal dining area and secure outdoor space. From this unit, patients are stabilized and then linked to community mental health and substance use services or supports for continued treatment when needed.

